



## Weekly schedule at Bozovic Tennis Academy 2025

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>8:00-12:00</b>	Training (Tennis & Conditioning) for High Performance Juniors					Training Individual Skills Sessions	<b>Tournaments &amp; Social activities</b>
<b>12:00-13:00</b>	<b>Lunch Break</b>						
<b>13:00-20:00</b>	Stroke Stabilization through drilling exercises Timing & Consistency	Game based situations Variations Defensive/Neutral/ Offensive	Tactical Drills with Focus on Serving & Returning & Match situation (Scoring pressure)	Application of Tactics Decision Making Focus on Weapons/Intensity Competitive Exercises	Match play Singles & Doubles Mental routines	Tournaments & Social Activities	